

Here is a list of 100 potential middle-income occupations in Maine for 2025, categorized by industry or related field. This list is based on information from various sources and may include some estimations and extrapolations based on general income data for Maine:

Healthcare:

1. Licensed Practical and Licensed Vocational Nurse
2. Medical Assistant
3. Certified Nurse Assistant (CNA)
4. Dental Assistant
5. Dental Hygienist
6. Registered Nurse (Entry-level)
7. Sonographer (Entry-level)
8. Dietitian and Nutritionist (Entry-level)
9. Medical Laboratory Technician
10. Occupational Therapy Assistant
11. Physical Therapy Assistant
12. Phlebotomist
13. Radiologic Technologist
14. Pharmacy Technician
15. Home Health Aide
16. Community Health Worker
17. Certified Medical Coder
18. Health Information Technician
19. Psychiatric Technician

20. EMT/Paramedic

Construction & Trades:

21. Carpenter
22. Electrician
23. Plumber
24. Welder
25. HVAC/R Technician
26. Automotive Technician
27. Heavy Equipment Operator
28. Mason
29. Painter
30. Roofer
31. Sheet Metal Worker
32. Glazier
33. Drywall Installer
34. Floor Layer
35. General Construction Laborer
36. Truck Driver (Class A CDL)
37. Fire Sprinkler Inspector
38. Boiler Operator
39. Construction Superintendent Trainee

Education & Social Services:

41. Educational Technician (Ed Tech I, II, or III)
42. Special Education Inclusion Teacher
43. School Teacher (Entry-level)

44. Teacher For The Deaf

45. Foster Parent

46. Direct Support Professional

47. Social Worker (Entry-level)

48. Counselor (Entry-level)

49. Library Technician

50. School Bus Driver

51. Community Outreach Worker

52. Substance Abuse Counselor

53. Mental Health Counselor

54. Teaching Principal (K-5 Title I Teacher)

55. Coach (Middle School Field Hockey)

56. School Nutrition Worker

57. Teaching Aide

58. Recreation Worker

59. Child Care Worker

60. Youth Worker

Administrative & Office Support:

61. Accounting Clerk

62. Administrative Assistant

63. Communication Specialist

64. Project Coordinator (Entry-level)

65. Office Manager

66. Bookkeeper

67. Human Resources Assistant

68. Executive Assistant

69. Customer Service Representative

70. Data Entry Clerk

71. Receptionist

72. Office Clerk

73. Medical Secretary

74. Legal Secretary

75. Teller

Hospitality & Food Service:

76. Server

77. Cook (Cook 1 - multiple vacancies)

78. Head Cook/Food Service Manager

79. Hospitality Manager (Entry-level)

80. Hotel Front Desk Clerk

81. Housekeeper

82. Bartender

83. Retail Sales Associate

84. Food Service Worker

85. Tour Guide

86. Event Coordinator

87. Caterer

88. Kitchen Personnel

89. Line Cook

90. Restaurant Manager (Assistant)

Other:

- 91. Security Guard (Private Security)
- 92. Ed Tech I, II, or III Sped
- 93. Bioprocessing Chemist I
- 94. Production Technician
- 95. Manufacturing Maintenance Technician
- 96. Manufacturing Operator
- 97. Manufacturing Technician
- 98. Sawmill Supervisor
- 99. Retail Branch Manager - Industrial Supply
- 100. Production Planner
- Mental Health Rehabilitation Technician (MHRT)
- Machinist
- Industrial Maintenance Technician
- Key Account Specialist (Food Broker)
- Supply Chain Specialist
- State Government roles (e.g., in public health, agriculture, social work, finance, grants, policy, IT, engineering)
- Truck Driver
- Retail Sales Associate
- Delivery Driver

Occupations possibly within the 80-150% AMI range in Maine 2025

- Human Resources (HR) Manager
- Project Manager
- Operations Manager
- Software Engineer
- Registered Nurse
- Senior Information Specialist
- Power Lineman
- Ed Tech
- Police Officer
- Biology (various roles)