

Here is a list of 100 potential middle-income occupations in Maine for 2025, categorized by industry or related field. This list is based on information from various sources and may include some estimations and extrapolations based on general income data for Maine:

**Healthcare:**

1. Licensed Practical and Licensed Vocational Nurse
2. Medical Assistant
3. Certified Nurse Assistant (CNA)
4. Dental Assistant
5. Dental Hygienist
6. Registered Nurse (Entry-level)
7. Sonographer (Entry-level)
8. Dietitian and Nutritionist (Entry-level)
9. Medical Laboratory Technician
10. Occupational Therapy Assistant
11. Physical Therapy Assistant
12. Phlebotomist
13. Radiologic Technologist
14. Pharmacy Technician
15. Home Health Aide
16. Community Health Worker
17. Certified Medical Coder
18. Health Information Technician
19. Psychiatric Technician

20. EMT/Paramedic

**Construction & Trades:**

21. Carpenter
22. Electrician
23. Plumber
24. Welder
25. HVAC/R Technician
26. Automotive Technician
27. Heavy Equipment Operator
28. Mason
29. Painter
30. Roofer
31. Sheet Metal Worker
32. Glazier
33. Drywall Installer
34. Floor Layer
35. General Construction Laborer
36. Truck Driver (Class A CDL)
37. Fire Sprinkler Inspector
38. Boiler Operator
39. Construction Superintendent Trainee

**Education & Social Services:**

41. Educational Technician (Ed Tech I, II, or III)
42. Special Education Inclusion Teacher
43. School Teacher (Entry-level)

- 44. Teacher For The Deaf
- 45. Foster Parent
- 46. Direct Support Professional
- 47. Social Worker (Entry-level)
- 48. Counselor (Entry-level)
- 49. Library Technician
- 50. School Bus Driver
- 51. Community Outreach Worker
- 52. Substance Abuse Counselor
- 53. Mental Health Counselor
- 54. Teaching Principal (K-5 Title I Teacher)
- 55. Coach (Middle School Field Hockey)
- 56. School Nutrition Worker
- 57. Teaching Aide
- 58. Recreation Worker
- 59. Child Care Worker
- 60. Youth Worker

**Administrative & Office Support:**

- 61. Accounting Clerk
- 62. Administrative Assistant
- 63. Communication Specialist
- 64. Project Coordinator (Entry-level)
- 65. Office Manager
- 66. Bookkeeper
- 67. Human Resources Assistant

- 68. Executive Assistant
- 69. Customer Service Representative
- 70. Data Entry Clerk
- 71. Receptionist
- 72. Office Clerk
- 73. Medical Secretary
- 74. Legal Secretary
- 75. Teller

**Hospitality & Food Service:**

- 76. Server
- 77. Cook (Cook 1 - multiple vacancies)
- 78. Head Cook/Food Service Manager
- 79. Hospitality Manager (Entry-level)
- 80. Hotel Front Desk Clerk
- 81. Housekeeper
- 82. Bartender
- 83. Retail Sales Associate
- 84. Food Service Worker
- 85. Tour Guide
- 86. Event Coordinator
- 87. Caterer
- 88. Kitchen Personnel
- 89. Line Cook
- 90. Restaurant Manager (Assistant)

**Other:**

- 91. Security Guard (Private Security)
- 92. Ed Tech I, II, or III Sped
- 93. Bioprocessing Chemist I
- 94. Production Technician
- 95. Manufacturing Maintenance Technician
- 96. Manufacturing Operator
- 97. Manufacturing Technician
- 98. Sawmill Supervisor
- 99. Retail Branch Manager - Industrial Supply
- 100. Production Planner

- Mental Health Rehabilitation Technician (MHRT)
- Machinist
- Industrial Maintenance Technician
- Key Account Specialist (Food Broker)
- Supply Chain Specialist
- State Government roles (e.g., in public health, agriculture, social work, finance, grants, policy, IT, engineering)
- Truck Driver
- Retail Sales Associate
- Delivery Driver

**Occupations possibly within the 80-150% AMI range in Maine 2025**

- Human Resources (HR) Manager
- Project Manager
- Operations Manager
- Software Engineer
- Registered Nurse
- Senior Information Specialist
- Power Lineman
- Ed Tech
- Police Officer
- Biology (various roles)